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A spirit of adventure is characterised by those who push themselves beyond their perceived limits, cross boundaries and discover that they are capable of more than they thought. It encompasses preparedness to take risks, face a challenge and persist against the odds and in the face of potential failure.

Willingness to rise to unusual, exciting or frightening experiences is evident, as is a compulsion to set and then stretch to reach a personal goal in any hobby or area of interest. Courage, discipline, tenacity and resilience are foundations on which ambition is built and personal development is achieved.

A person living out a spirit of adventure seeks out opportunities to stretch and push themselves beyond their own perceived abilities and the expectations of others. They are dynamic and driven, thriving on practical, experiential learning, and willing to tenaciously pursue their objective, overcoming setbacks and obstacles along the way.

An appreciation that adventure is a very personal experience, and will mean different things to different people, allows for supportive celebration of others' achievements in all aspects of life. As such, a readiness to embrace uncertainty, to explore and pioneer in any field is supported and encouraged.



THE ROUND SQUARE DISCOVERIES IN THE CONTEXT OF ADVENTURE		© 2017 Round Square
Communication Skills 	Round Square Explorers seize opportunities to test their communication skills beyond their comfort zone with new and unfamiliar people and in new settings. They push themselves to communicate in ways that stretch and challenge them e.g. through speaking a new language, through public speaking, theatrical or music performance	
Inquisitiveness 	Round Square Explorers are ready and willing to take risks in rising to unusual, exciting or challenging experiences. They take a practical approach to managing their own learning, readily exploring the world around them and seeking out their place within it.	
Appreciation of Diversity 	Round Square Explorers seek adventure and diversity in unexpected and unusual settings. They recognise that adventure means different things to different people and are prepared to set and strive for their own adventure goals with a readiness to celebrate the others' success, in whatever form it takes.	
Ability to solve problems 	Round Square Explorers are adaptable in their approach to problem solving and develop resourcefulness in seeking out information, guidance and tools that will help them. They readily commit to tackling a problem or challenge and are prepared to try their best without fear of failure.	
Sense of responsibility 	Round Square Explorers readily choose to push themselves beyond their comfort zone. They take responsibility for setting ambitious personal goals and take ownership of the effort and performance required to achieve them. They are ready to recognise and correct their own mistakes, seeing them as learning and growth opportunities.	
Self-awareness 	Round Square Explorers cultivate their understanding of themselves, their personality, values, attitudes, strengths and weaknesses, through personal discovery and reflection. Ready to analyse their actions and reactions, they learn that they are capable of more than they may previously have thought.	
Tenacity 	Round Square Explorers develop and demonstrate discipline, determination, grit and resilience. They develop the physical, mental and emotional strength to keep going in the face of hardships, and overcome difficulty and disappointment.	
Courage 	Round Square Explorers readily undertake activities that stretch them beyond their perceived capabilities (viewed by themselves or others) in taking on physical challenges and overcoming social or emotional fears. They draw courage from success and failure in equal measure, recognising both as learning opportunities.	
Commitment to sustainability 	Round Square Explorers push themselves beyond their comfort zone to explore, question, and discover issues of sustainability in the environments they inhabit. This leads to an understanding of their place in the world and their potential impact on it, and a commitment to interact positively and sensitively with their surroundings.	
Teamwork 	Round Square Explorers discover the benefits of working together in a group to tackle a shared challenge or pursue a common goal. They learn from experience that together in partnership with others, it is possible to develop and grow, both personally and collectively, to achieve more than they can achieve alone.	
Inventiveness 	Round Square Explorers are able to look with fresh eyes at an opportunity, challenge or problem. Willing to think and act differently, and taking time to explore and question, their approach is flexible, allowing them to seek out and embrace new ideas and solutions, deviating from the norm and making unusual connections and discoveries along the way.	
Compassion 	Round Square Explorers are prepared to involve themselves in situations that stir their emotions, and go beyond their comfort zone to help those in need. They are aware of their emotions, however frightening or unfamiliar, and learn to manage them effectively, connecting on an emotional level with others to provide appropriate active support.	