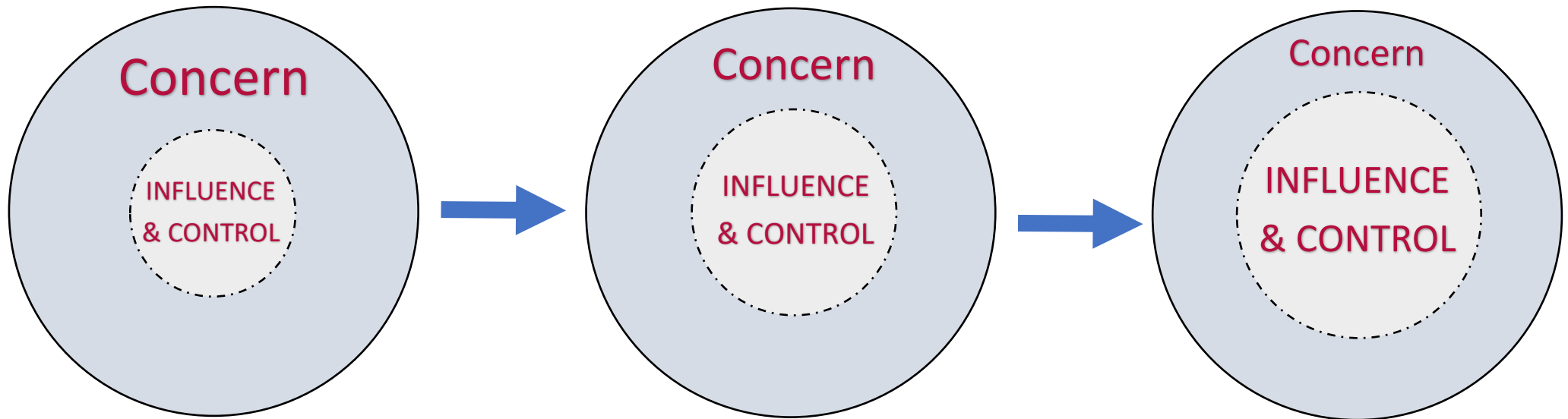


# Circles of Concern and Influence ...



I am powerless to do anything to change the things in the world that concern me because I do not have the freedom to speak out or to take action in a meaningful way

I am starting to focus only on the aspects of those things that concern me which are in my control, or which I can influence: what I do and say, my attitude and the support I can enlist from others by asking

By focusing only on those things that are within my circle of influence I am using my time and energy effectively in taking responsibility for changing the things that I can, and my circle of influence is growing