

A postcard from:



SCINDIA KANYA
VIDYALAYA



Beyond Academics: The Role of Emotional Health in Student Success

POSTCARD



Our Postcard – “***Beyond Academics: The Role of Emotional Health in Student Success***” is a chance to pause and ask what *success* really means in a student’s world. Is it about perfect grades, or feeling balanced, understood, and inspired along the way?

We’ll be diving into the side of school life that often goes ungraded — emotions, motivation, and mental well-being. Through stories and discussions, we’ll explore how students and schools are finding ways to create spaces where minds can grow freely, without being weighed down by pressure or comparison.

Join us for a heartfelt conversation about learning, living, and finding happiness beyond the report card.

Scindia Kanya Vidyalaya

a Zoom Around the World with Round Square event

Title: BEYOND ACADEMICS: THE ROLE OF EMOTIONAL HEALTH IN STUDENT SUCCESS

Date: 3 DECEMBER 2025

Time: 5PM IST (GMT +5:30)

We make the start time to be 8:30 am in Santiago and Buenos Aires, 11:30am in Accra and London, 12:30pm in Paris, Johannesburg, and Genève, 1:30pm in Athens, 2:30pm in Nairobi, 3:30pm in Yerevan and Dubai, 5:30pm in Dhaka, and 6:30pm in Bangkok but please check for your own location.

Participants: Ages 16-18

Register: <https://podio.com/webforms/30540477/2581973>

Pre-work: Before the call, please conduct brief interviews with others on the following topics: Can you recall an instance when your emotions influenced your academic performance? What methods or strategies do you currently use to cope with stress, anxiety, or other emotions throughout the school year?