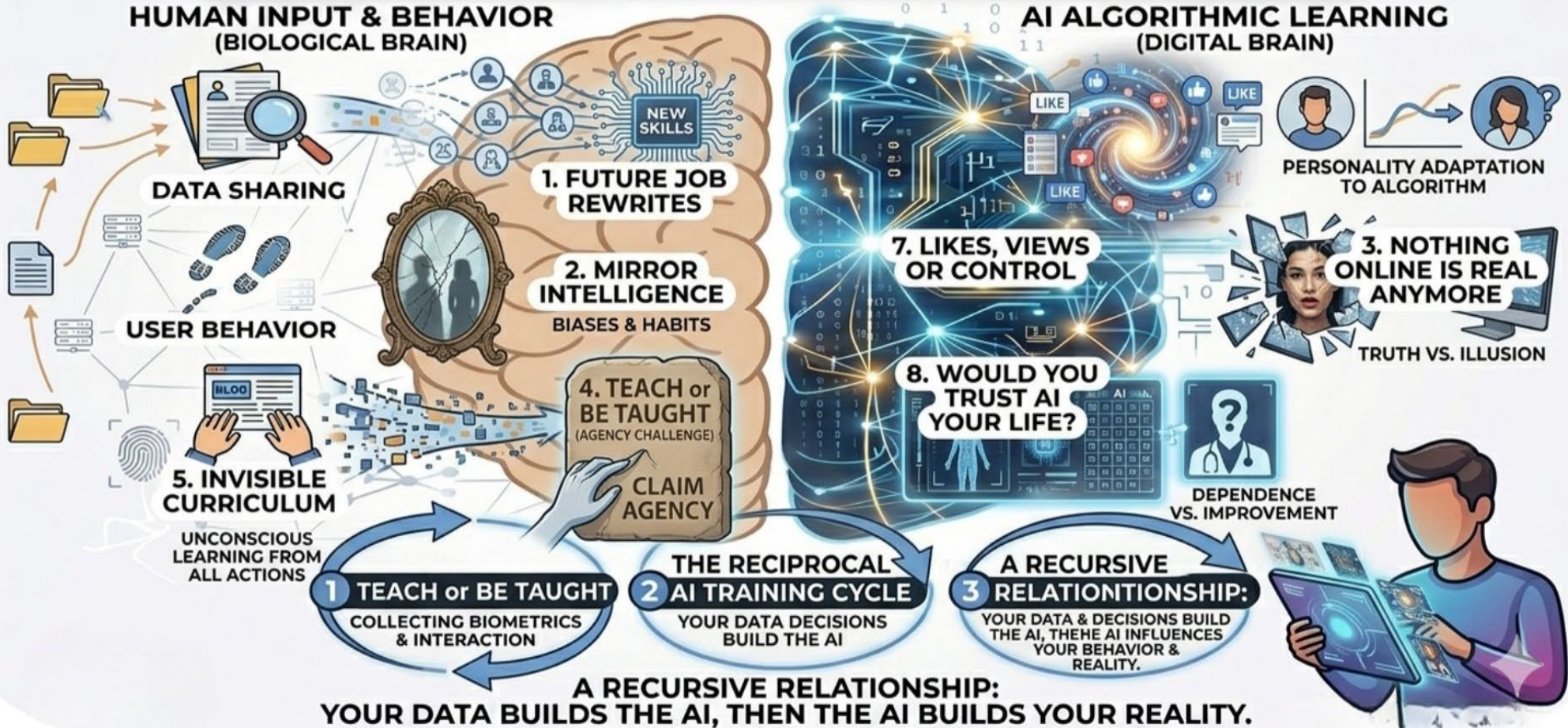


A postcard from:



# ARE YOU TRAINING AI... OR IS IT TRAINING YOU?



# POSTCARD



Mental health is not a conversation reserved for crisis it is a daily practice. Join us for a Zoom call on “Are you Training AI or is AI Training You?” where you will explore how simple acts of empathy, peer support, and open dialogue can transform the environments we live and learn in.

The Baraza groups will unpack what it truly takes to build communities where wellbeing is not an afterthought but a shared responsibility and challenges every participant to walk away with one tangible action they can take in their school, home, or community. We're anticipating your attendance for a fruitful, intellectual discussion on the AI info cycle!

*The Millennium School, Dubai*

Title: Are you Training AI or is AI Training You?

Date: 13<sup>th</sup> May 2026

Time: 3:30pm GST (GMT +4)

We make the start time to be 8:30 am in Buenos Aires and São Paulo, 11:30am in Accra, 12:30pm in London, 1:30pm in Johannesburg, Madrid, and Stockholm, 2:30pm in Athens and Nairobi, 3:30pm in Yerevan, 4:30pm in Karachi, 5pm in Delhi, 5:30pm in Dhaka, and 6:30pm in Bangkok. But please check for your own location.

Participants: Age 13 - 15

Register: <https://podio.com/webforms/30709282/2606866>

Pre-work: Share your thoughts on the topic [HERE](#). Your reflections will help spark meaningful discussions and deeper insights during the session.

*a Zoom Around the World with Round Square event*